der 26

Astral Scoop See Page 8

Colorado Springs

Winn Attacks Administration See Page 7

I think it could go over very well, especially right now when there are a lot of things going on. But I think

Do you think the paper can make it here?

I think it's a great idea.

"Black English" Seminar See Page 8



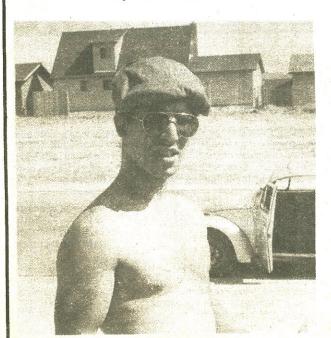
Anita Jones

"The Crusader"

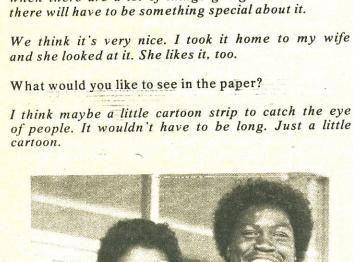
Recently, the Colorado Springs Crusader, went out on the streets of Colorado Springs to find out what reaction the community has to the appearance of yet another newspaper here in the Springs.



Cynthia Jones



David Gamboni





Cheryl Swift and Sherman Childs

I'm going to get a 6 month subscription.

I think it could be something really beneficiary around here. It's a change from reading the other

Well, what exactly do you think about it? How does it look?

I think it's pretty much up to par.

We would really like for to people contribute.

Well. I write poetry. I would like to submit some of that maybe.



Susan Stevens



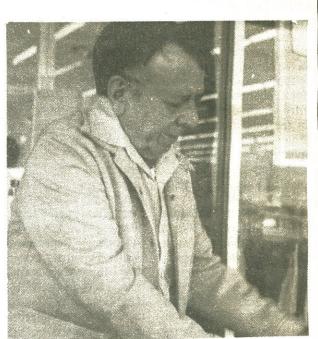
Patrick Gilbert, Sr.

Sounds like a good idea.

This is like the Thrifty Nickel, huh?

Well, I would like to read it first and see what's in it before I give an opinion.

The city has needed a paper like this for a long time.



William Ryan

Is there anything you would especially like to see us write about?

Is there anything in particular that you would like to see us write about?

Jobs! You need to write more about hiring problems. The city doesn't seem to hire many blacks and wages are bad.

Do you mean the jobs aren't available?

No the jobs are there. But you go down there and they won't hire you. I've been living here in the Springs for 12 years. Im a retiree from the service. I'm in my 40's. But they seem to be discriminating against age, too. m retired so I already have I guess they figure I enough money.

I'm a retiree at the Printer's Home. It's been open 90

continued on page 3

A LETTER FROM THE EDITOR Dear Readers,

In response to our first edition on May 5, 1982, several people have questioned us about our choice of the name 'Crusader" for this publication. Are we a religious paper? And what exactly are we crusading?

According to Webster's New World Dictionary of the American Language, "to crusade" is "to take part in: (1) any of the military expeditions which Christians undertook from the end of the 11th to the end of the 13th century to recover the Holy Land from the Moslems, (2) any church-sanctioned war or expedition like this, or (3) vigorous, concerted action for some cause or idea, or against some

Briefly

Social Security

Starting this month, the way supplemental security income (SSI) payments are figured will change.

Under the old law, the amount of the SSI payment due a person was figured on the basis of calendar quarters, 3-month periods starting January, April, July, and September. The person's total income for the quarter was totaled and averaged and the SSI payment determined accordingly.

Starting this month under the new law, SSI payments will be figured on a person's past month's income and resources. That month will be 2 months before the payment month. For example, the income a person had in February will be used to figure how much he or she is due for April. March income will count for May's payment and so on.

This will help reduce the number of overpayments that have occurred in the past, Davis said. But, Davis said, it is even more important that people receiving SSI payments make prompt reports of any change in their income, resources, living arrangements, or disability status. People should also remember that any change in income will result in their SSI payment being affected 2 months later and budget their funds accordingly.

SSI is a Federal program that provides a basic cash income for people in need who are 65 or older or blind or disabled. Although SSI is administered by Social Security, funds for the payments come from Federal general revenues, not Social Security taxes.

So, in answer to your many inquiries, no, we are not a religious paper, although we certainly do welcome all religious denominations to speak to the community through us. Nor are we trying in any way to compete with the SUN or the Gazette Telegraph.

Rather, it is our philosophy to take it upon ourselves to pursue with vigorous and concerted effort the cause of you, the community, and those special interests or issues which particularly concern you.

We are excited by and committed to this venture and its potential within our community to help rediscover and recover those concepts of equality, understanding and mutual respect which are at the root of our society. Again, we invite you to join in our CRUSADE.

BLACK WOMEN ATTORNEYS

The National Association of Black Women Attorneys (NABWA), will hold its ninth annual convention June 3 through 6 in Washington, D.C.

The convention will featured seminars on Sexual Harrassment in the Work Force; Moot Court: Trial of a Products Liability Case; Alternatives to Law Practice; Anatomy of a Trial; Business and Law; and International Trade and Business Opportunities.

Dr. Lenora Cole-Alexander, director of the Women's Bureau, U.S. Department of Labor, will be the keynote This years NABWA Equal Employment Opportunity award will go to the Rev. Jesse Jackson, president of Operation PUSH. NABWA will also present its fifth scholarship award to the Black female law student who submits the best essay on the convention theme--"The Black Woman Attorney and Self Help: Developing a Blue Print for the Eighties.

NEW YORK--ESSENCE, the national magazine for today's Black woman, was the recipient of three first place awards and one third place in this years Lincoln University (Jefferson City, Mo.) Unity Awards in Media competition.

ESSENCE was selected as the first place winner in the following categories: Reporting of Politics--"Zimbabwe: Free at Last" by Alexis DeVeaux; Investigative Reporting--- "Southern Shame" by Rosemary Bray; Editorial Reporting--"Black Men and the Law" by Sid Cassese; and third place winner, "My Main Man: The Truth about Male Friendships" by Martin Simmons.

FROM CAPITOL HILL

By A. Madison

Reaganomics Has Caused "Reaga-Mortis" To Set In

At present there are ten million people out of work in the United States, and fifty thousand small businesses folded in the past year. Over fifty percent of employment in the United States comes from small businesses. Two million people have lost jobs since July, 1981, and it is predicted that unemployment will go higher.

The Reagan Administration has adopted a policy of fighting inflation by inflating the cost of money. People can't buy houses because interest rates are too high. As a result, all housing concomitants, such as building, selling and manufacturing of furniture and all household products have been greatly reduced, and there is a loss of jobs.

The big Reagan tax giveaway to the rich has reduced revenues by \$750 billion. This was done under the guise that tax breaks for big corporations would create new investments and provide more jobs. Out of \$95 billion invested, over \$55 billion were invested in foreign countries. The major countries were Japan and apartheid South Africa, where these businesses can exploit cheap labor. They have also invested these cessive waste and unneceshuge tax credits in buying sary growth in defense, exstock in other businesses. All of this has added to the homefront unemployment dividuals, and reductions in rolls. The American people basic public services while have been suffering from a

Reaganomic progressive cancer—and with the Administration's 1983 budget proposal, it seems that Reaga-mortis has set in.

Because of these conditions, the Congressional Black Caucus is again coming forth from its research center with a prevention for those with economic cancer signals and a remission for those who already have the disease. At a recent press conference, Representative Walter Fauntroy, Congressional Black Caucus Chairman, gave an overview of the Caucus' 1983 Constructive Alternative budget that will be presented in detail around the 23rd of April. Unlike the 1982 Caucus budget, which produced a government surplus, this budget recognizes the need for lowering the deficit. Its first objective is to reduce the deficit substantially. The Reagan budget could go as high as \$121 billion in 1983, \$129 billion in 1984 and \$140 billion in 1985, says the Congressional Budget Of-

The second objective is to adopt a fair, humane and economically balanced budget. The Administration budget will produce excessive tax reductions for big corporations and rich inplacing devastating cuts in basic aid to the working poor and unemployed. The Caucus budget plans to correct these inequities. It will restore funds to the social programs.

The third objective is to reform the tax system. The Caucus budget will close the tax loopholes that give excessive benefits to the rich and places an almost impossible tax burden on the middle- and lower-income

people. The fourth objective will establish a saner and safer national defense. It recommends that defense spending be held at FY '82 level. These budget makers feel that the defense should not be considered so sacrosanct that it cannot receive the economic hatchet. The Constructive Alternative budget calls for a reexamination of some of the proposed nuclear weapons.

The fifth objective would ensure adequate Social Security and support for the poor and elderly. It maintains the cost of living adjustment for the elderly on fixed income, and calls for 39 weeks compensation for the unemployed.

The sixth objective calls for the redesigning of our foreign aid and military assistance budget. The Congressional Black Caucus has continuously insisted that the Administration must realize that military aid cannot solve the political and

economic problems that many of the foreign countries face. In its budget the Caucus will continue to press for more equitable foreign assistance to nations of the world.

Last year, the Black Caucus budget received only minimal attention. Yet the Democratic study group said that of all four budget plans that were presented, the Caucus' Constructive Alternative budget was the only one that really came up with ideas for improving the economy. Mr. Fauntroy said that recently, House Speaker O'Neill and several others said to him that the Caucus really came forth with the only plan that would have set this country on the road to economic recovery. Fauntroy said his response to them was, "I wish I had you last year."

One prominent reporter said, of the Caucus' last year budget, "to accept the Black Caucus budget would make the whites look bad." It is hoped that both the legislative and executive branches of government will be so serious about improving the lives of the people of this country and the world that they will give close, sound, forthright, racismfree study to the 1983 Congressional Black Caucus Constructive Alternative budget.

Throughout its twelve-year history, ESSENCE has been the recipient of numerous awards, including the National Magazine Publishers Award, Women in Communication's Matrix Award, the CEBA Award and the Minority Business of the Year Award of the Interracial Council of Business Opportunity.

Minority Chamber of Commerce

Members of the Pikes Peak Minority Chamber of Commerce (PPMCC) met recently at 225 S. Academy Blvd. With ambitious programs launched during previous meetings, reports show programs continue on schedule. Leon Young, Vice Mayor of Colorado Springs, was named 'small business person of the year.

The Colorado Springs Chamber of Commerce presented awards at a ceremony held recently. Vice Mayor Young

received the Minority Advocate award



BLACK EDUCATOR HAILED BY JEWISH GROUP. Dr. Leon Bass [second from right]. principal of Philadelphia's Benjamin Franklin High School, reads scroll presented by American Jewish Congress women's division citing his leadership in "transmitting the ideals of justice, freedom and equality to Philadelphia's school-children." Mrs. Bass is at right. Maxine Temkin, chairman of the day, and Susan P. Meyers, president of the local American Jewish Congress women's group, are at left.

JOB TRAINING

Among the programs that suffered under federal budget cuts was the Comprehensive Employment Training Act, known as CETA, which offered jobs and training to the unemployed and underemployed. Many have probably thought that the hope that such programs as these offered was gone forever.

However, here in Colorado Springs, the newly reorganized CETA program, now going under the name Industrial Training in Human Resource Development,

continues to offer that hope.

While the public service jobs which were formerly available under CETA are no longer in existence, the new Industrial Training Unit is attempting to become more involved with private industries and thereby providing prospects for permanent employment to those who qualify for the program. In order to do this, their future plans are to train people for a particular job according to a company's needs.

Among the services which they now offer are:

on-the-job training formal training at Pikes Peak Community College

in-house vocational classes

employment and career counseling. According to Pam Gamer, Intake Coordinator for the program, it is still uncertain exactly what classes will be offered, since they are set up according to need, so, any vocational training is within the realm of possibilities. In the past, these have included courses in electronics, optical technology and machinist training.

For entrance into the program, a person must be either unemployed or underemployed (working part-time) and meet the low-income requirements that are based on the family income for 6 months. For further information, contact "Central Intake" at 578-6438.



COLORADO SPRINGS CRUSADER 2718 East Platte Place (303) 633-4598 Mailing Address: P.O. Box 15213, Colorado Springs, CO 80935

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STAFF Dorothy Middleton.... George E. Brock Advertising Manager Elvis Miles......Staff Photographer

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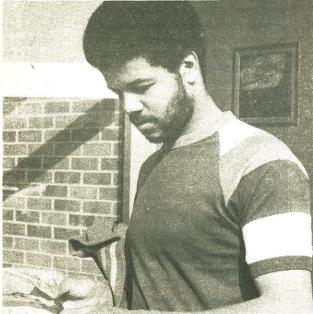
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Do you think there's a place for the Crusader in the Springs? and What would you like to see in the paper?



Claudia and Ezra Sawyer, Jr.



Tom Rowsey



John Talbot



I think it s a good idea... You know those people with the bombs were just one block over from my mother. When I read that in the paper, I thought you just can never tell what's going on right next door to you.

I like horoscopes and comics.

Can you put anything in it?

It's going to be bigger than this, isn't it.

They need it... I'm new to Colorado Springs and when I was looking for a black doctor, they said unhunh.

Well, what kind of things would you like to see in the paper?

I think it should encourage Black professionals to come here.

It's a good idea for the community.

I don't even read the other ones....



Center Assists Minorities

A new program has been established to maximize minority business involvement in projects funded by the Department of Transportation (DOT).

Two top ranking officials of DOT recently attended the official opening in Denver of one of the 13 newly formed Program Management Centers. Hosted by the Regional Transportation District (RTD), the kick-off meeting introduced members of the firm of Ashby, Armstrong, Johnson & Co., the administrators of the new center.

Patricia Keyes, assistant to DOT Secretary Drew Lewis and Regional Representative for Region Eight, and Dr. Melvin Humphrey, director of the DOT's Office of Small and Disadvantaged Business Utilization, spoke at the ceremony.

The Program Management Center will assist minority

and women-owned businesses in competing more effectively for work on federally funded projects. In addition to providing technical support in the bid and procurement process, the center will advise minority businesses on the most effective way to compete in the mainstream.

Under the guidance of Ashby, Armstrong, Johnson & Co., the new center will identify minority and womenowned firms and match them with potential contracts. The firm will also provide interpretation of federal guidelines and bidding requirements in an effort to enhance the successful competition in the bidding market.

In working with companies throughout the six-state region such as RTD, the firm will try to increase the total amounts of minority participation in the procurement process. In 1981, RTD contracted \$27.5 million (excluding bus purchases), 21 percent of which went to minority owned businesses and 3 percent of which went to women-owned businesses.



Please write in or call with your own comments or suggestions now that you've seen the paper.

BOB TRAER

DEMOCRATIC CANDIDATE

STATE SENATE 11

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Church Day Care For Working Mothers

By Renee Reimer

The Open Hands Pre-School Day Care Center of the Peoples United Methodist Church has opened it doors to serve children ages 2½ to 8 years old from 6 a.m. to 6 p.m. Monday through Friday.

The Center is at 826 E. Boulder in the previously unused parsonage of the church. Mrs. Thais Cawthon is director of the new Center and is state licensed to care for 25 youngsters. She is assisted by pre-school teacher Laithier Davis.

Mrs. Cawthon is graduated from Pike's Peak Community College with an Associate Degree in Child Development and says she was motivated to return to school by her concern for her two daughters.—Delia, 5, and Danielle, 4. "I wanted to know how to help my girls when they go to school," said Mrs. Cawthon.

Developing a means of income for her family was a second reason for her interest in the PPCC Child Care Program. "When I entered the program I only expected to become a day care mother, caring for my two children and four other children," she said. "But the teachers at PPCC inspired me to try something larger," she said.



Now Mrs. Cawthon begins her day at 5 a.m. in order to open the Center by 6 a.m. Breakfast is provided to early arrivals at 7:30 a.m., and activity centers are placed in the large rooms to interest the children before placed begins

ren before classes begin.

At 9 a.m. Ms Davis begins to work with the children in planned activities, which all focus on experiences and skills the children will need to prepare them for success in school. The children learn numbers, shapes, science, music and instruments, arts and crafts, etc. The purpose of the activities is to keep the child's attention and interest in a way that makes learning fun. Recently, children at the Center planted wheat for a science project about plants. Later in the year they will make bread from the wheat they grew.

An outdoor play time is held before lunch is served at noon. Hot meals are prepared daily and meat the state nutrition requirements for schools.

Afternoons begin with a two-hour nap, then a snack

a brief planned activity, and free play.

The Open Hands Pre-School will provide full-time care from 6 a.m. to 6 p.m. and part-time care from 9 a.m. until noon (not including lunch). Lunch will be provided for an additional charge. Before and after school care is also provided by the Center.

Mrs. Cawthon encourages working parents to visit the center at any time during open hours or to call the

Center at 471-7548 for information.

"Working with parents to help them feel comfortable with the Center, and helping the children feel comfortable is important," said Mrs. Cawthon. "We want to provide more than the supervision of a babysitter, we want to help the child learn also," she said.

Mrs. Cawthon believes that the concept of day care is still new to families and the community, but invites parents to investiate the services provided at Open Hands Pre-School.

PEOPLES UNITED METHODIST CHURCH 828 East Boulder Colorado Springs, Colorado

Sunday School — 9:45 a.m. Worship SERVICE — 11:00 a.m.

Rev. Wesley Summers

(303) 473-6872

Christians Today



Biblical Inspiration

For The Week

"God is able."-II Corinthians 9:8

I—All things are possible with God. One of the most stubbornly believed misconceptions that we have is that unless a thing seems possible to our own limited sight it cannot be done. We see "only in part" or as "through a glass darkly." We do not see as God Sees. Whether we are able or not, "God is able."

II.—Your provisions are assured. Even now, your cup and "my cup runneth over." St. James tells us that "every good gift and every perfect gift is from

above, and comes down from the Father of lights, with whom there is no variableness, nor shadow of turning."

III.—Even "greater things" are in store. St. Paul tells us: "Eye has not seen, nor has the ear heard, neither have entered into the heart of man the wonderful things that God has in store for us." Hereafter "you shall see greater things, (indeed), the heavens open."

God is an omnipotent God. "God is able."





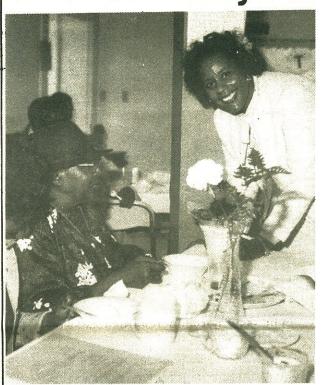
Don't keep your Church a secret

SPREAD THE GOOD NEWS!

Call 633-4598



Mother's Day



Awards



At Peoples United Methodist Church

FRIENDSHIP BAPTIST CHURCH Salvation Center 633 East Dale Street Colorado Springs, Colorado (303) 473-8186 Rev. E. Ray Johnson, Pastor

> Sunday Service 11:00 A.M. and 7:30 P.M.

I'm sure you will enjoy these two recipes. Neither of which I can take credit for. The Cookie Recipe is my mother's, and the Zucchini Cake Recipe was given to me by my friend Betty Linger.

Basic Cookie Recipe

11/2 C. Flour 1/2 C. Sugar 1 Stick margarine Vanilla 1 Egg

1/2 Teaspoon baking soda

1 Teaspoon baking powder

Mix sugar and margarine together, add everything else and beat again. After this procedure, you may add anything you want. For example: nuts, raisins, oat meal, and beat again.

peanut butter, anise.

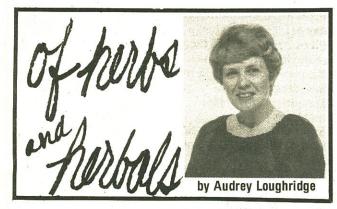
If you have children, I would suggest doubling the above, separating it into two bowls and making two batches of different cookies.

Zucchini Cake

3 C. Squash grated 3 C. Sugar 1 C. nuts (optional)

11/2 C. Cooking Oil

4 Eggs 3 C. Flour



Lilies are normally regarded as sweetly and subtly scented, as feminine and charming flowers. So I find it ironic, humerous and paradoxical that the pungent heavy, lingering, masculine-scented garlic belongs to the lily family.

It has been used for at least 5,000 years medicinally in cooking, and as a weapon against evil curses.

In Ulysses' legendary homeward voyage from the Trojan Wars, he prevented the sorceress, Circes, from turning him into a pig as she had his men, by using the golden garlic called moly as a talisman of protection.

Medicinally, garlic is known as a vasodilator, an agent that dilates, or spreads open arteries, veins and bronchial passages. It is therefore useful in reducing blood pressure and in controlling breathing difficulties of asthma, whooping cough, and bronchitis.

Garlic also possesses antibiotic properties against certain bacteria that cause fruit, vegetable, and nut spoilage. Planted near roses and raspberries it helps to prevent Japanese beetle and aphid infestation. Water solutions of garlic powder sprayed on garden plants is effective against downy mildew of radish, early blight of tomato, bean rust, cucumber scab, some types of caterpillers, sucking bugs, brown rot of stone fruits, angular leaf spot of cucumber.

Joanne Jackson 5/28/82 Daniel Odom 5/16/82

Say Happy Birthday to someone special. Call 633-4598





FOR COMPLIMENTARY

FACIAL CALL:

ofessional Beauty Consultant

Mattie G. Smith 596-2242

Mr. K Skin Care

11/2 teaspoons cinnamon 2 teaspoons baking powder 1 teaspoon baking soda

1/2 teaspoon salt

Mix well-beaten eggs with sugar, oil, and squash. Blend dry ingredients and add to squash mixture. Bake in 3 pans -- $6X9\frac{1}{2}X2\frac{1}{2}$ or $8\frac{1}{2}$ in. round. Tin foil cake pans. I frost each cake with the following recipe and freeze two of them.

Frosting

1 Cube margarine 2 C. powdered sugar 1/4 C. milk

1 whole egg Some very fine chopped nuts

I think you will agree with me that you have never tasted a better Zucchini Cake.

Crock Pot Spaghetti Sauce [from Denise Thompson]

PUT IN POT: 2 med. cans of tomato sauce 1 med. can of tomato paste

SAUTE:

1 large onion 1/2 stalk of celery 1 large bellpepper 1/2 lb. of mushrooms 2 cloves of garlic

in a little butter

Italian sausage, cut in half BROWN: Meatballs (See below for preparations)

SEASONINGS: Salt to taste Black pepper & cayenne pepper (optional) to taste 3T Italian seasoning 3T Oregano

S: 1 lb. lean hamburger 3 slices of bread (frozen & grated) MEATBALLS: 6T parmesan cheese 1T Italian seasoning

1 egg Mix all of the above ingredients, roll into balls and brown.

After all of the above has been done, put everything into the crock pot and cook for 6-8 hours on LOW heat. After 4-5 hours, smash about 6 or more meatballs to thicken sauce and add back to sauce. Remove cover when done for about 1 hour to allow water to evaporate and sauce to



Garlic is also effective against some food poisoning bacteria, most notably salmonella. If you enjoy the garlic flavor in potato salad, use it at your next picnic to help prevent poisoning of warmed foods!

Some people claim that after eating garlic they are avoided by misquitoes. Perhaps there is truth in the observation. Studies at the University of California have shown that allicin, a primary chemical component of the garlic bulb is an exceptionally effective insecticide against misquito larvae. Since misquitoes are hatched from stagnant pools and ponds, crushed cloves, properly placed, could effectively reduce the misquito population in limited areas.

Garlic should be planted in spring in the Rocky Mountain area, but could be planted later in warmer or more protected areas.

Bulbs should be broken into cloves, planted 1 to 2 inches deep, base or fringed root-end down, 2 to 3 inches apart in rows or near rose bushes or wherever other plants might be affected by insects or dis-

The foliage consists of several tubular stems that produce balls of flowers similar to chives or onions. After the stems droop, harvest and braid together, To keep lettuce fresher longer or celery put in a brown then hang to dry until use.

Dear Ne

I enjoyed reading your first issue! I feel a paper of this sort is long overdue here in the Springs. With the influx of industry and the different cultures relocating here, your paper should fly high. Keep up the good work, and I wish the staff the best of luck.

Signed: P.J.

Dear Dee.

Your first issue was great. Continue to crusade for the community and remain BOLD. We wish you all the best of

Signed: W.O.

Dear P.J. & W.O.,

Thank you for your support and words of encouragement! We will continue to do our best!

Dear Dee,

I was upset by the language used in your cover story! This is just the kind of language I do not want my children to be exposed to. With our promiscuous society and the confused morales, I would hope the CRUSADER would steer away from trash and lean more towards a quality newspaper which all of the community could be proud of. I would strongly suggest that your staff refrain from using that kind of language, if you want the total support of the Colorado Springs community.

Signed: M.T.

Dear Dee

The obscene language used in your cover story was really revolting, not only to myself and my family, but to some of the local community at large, especially Church goers. I would sincerely hope that future publications will refrain from trashy language, and remember WE SUPPORT-YOU. Also I would encourage you to take a second look at the last paragraph of the "Frederick Douglass" story and "concern yourself less with frivolity and hedonic aspects of Black life in the Springs and more with the issues that affect our ability to realize the American dream"!

Signed: B.D.

Dear M.T. & B.D.,

We appreciate your letters, and we are truly sorry if you feel we have offended you. Our only intention was to present the facts, as told by Ms. Bryant. We thought the EDITOR'S NOTE at the beginning of the article would express our purpose in relating the event to our readers as it allegedly happened. Certainly we want the support of the entire community, to produce a quality paper that ALL can be proud of, so keep on writing.

Dear Dee,

What kind of paper-is this? Is it strictly for Blacks only, or can ALL groups participate in this endeavor?

Signed: White Citizen

Dear White Citizen,

Our main objective at the CRUSADER is to produce a quality community newspaper. We encourage ALL groups, cultures, religions, physically impaired, etc. to participate in speaking through the CRUSADER to other members of this community. On certain weeks the paper may appear to focus on a particular group, but our goal is to report on all minority

Got a problem? A question? Comment? Criticism? Write Dee, Colorado Springs Crusader, P.O. Box 15213, Colorado Springs, CO 80935. TELEPHONE CALLS WILL NOT BE ACCEPTED. All letters will be signed with initials or remain anonymous unless writer requests his/her name be printed. Letters generally will be printed as space allows.

If you don't want your paprika, chili powder, dry mustard, or curry powder to turn dark, refrigerate them after they have been opened.

The best way to clean rusty tools, is to rub the spots with a damp cloth sprinkled with dry Sal Soda. When the tools are dry, coat them thinly with vaseline (thinly) and this will help prevent the recurrence of rust.

One test to determine how fresh fish is, is to press the flesh with your finger. If a dent remains, the fish is starting to go bad. Flesh and scales should be shiny and the flesh should be firm, for instance, if the fish flesh looks dull and if it hangs limply when held by the head or tail. I would not buy it.

To keep salad fresh prepare as normal without adding seasoning, then put in a pillow case in the refrigerator. paper bag instead of a plastic bag.

AKA's Heritage

Alpha Kappa Alpha Sorority, Incorporated is a national Greek-letter society organized at Howard University in Washington, D.C., in January, 1968. It is the oldest Greek-letter sorority in America established by Black women. Alpha Kappa Alpha has grown from a group of nine members to an international sisterhood of over 75,000 college-trained women; over 600 alumna and undergraduate chapters in 44 States, West Africa, the Bahamas and the Virgin Islands

The idea for formation was conceived by Ethel Hedgeman who viewed the sorority as an instrument for enriching the social and intellectual aspects of college life by providing mental stimulation through association with friends and associates. Therefore, along with Lucy Slowe, Beulah Burke, Marie Woolfolk, Marjorie Hill, Lillie Burke, Margaret Flagg, Lavinia Norman and Anna Easter Brown, the sorority was founded. The main objective of Alpha Kappa Alpha Sorority is - Service to all Mankind.

While her heritage is Black, Alpha Kappa Alpha has not remained exclusive; membership is open to women of all races, creeds and color who embrace high ethical and scholastic standards and who are pursuing or have completed a course of study leading to a degree at an accredited university or

Alpha Kappa Alpha also offers honorary membership to women who have excelled in their fields of endeavor. Among the leaders who have been inducted as honorary members are: Representative Cardiss Collins, Marian Anderson, Eleanor Roosevelt, Judge Constance Baker Motley, Coretta Scott King, and Ella Fitzgerald.

Alpha Kappa Alpha Sorority maintains international Headquarters in Chicago, Illinois, with a modern, fully-equipped office staffed by an Executive Secretary and staff. The Boule is the governing body of Alpha Kappa Alpha; it assembles biennially. Each chapter has representation in the Boule in proportion to its membership. This year, the 50th Boule - the Golden Boule — will be held in July, in Boston, Massachusetts.

Iota Beta Omega Chapter Colorado Springs, Colorado

On November 14, 1970, the Iota Beta Omega Chapter of Alpha Kappa Alpha Sorority was chartered here in Colorado Springs. The charter members are: Vivian Arnold, Raella Brown, Wilma Campbell, Ecra Hill, Minnie Ray Hunter, Lillian Mallory, Johnnie R. Martin, Mattie Murray, Emma Lee Phoenix, Juanita Roberts, Doris Shannon, Marilyn Thompson, and Sophia Willie. Iota Beta Omega Chapter now has over forty active members; its purpose to further the goals of the sorority on a local level, and in those instances required, on a regional and national

From making monetary donations to varied agencies involved in social action to volunteering womanhours to effect social change, Iota Beta Omega Chapter of Alpha Kappa Alpha Sorority's contributions are as follows: aid to senior citizens' groups and Senior Citizens Bingo; distributions of food baskets to the needy at Christmas time and other holidays; fostering educational projects for the children at Prince Hall; contributions given to the United Negro College Fund, Urban League, National Council of Negro Women. The past few years, the chapter has sponsored the famed traveling Ebony Fashion Fair, as a fund raising project for scholarships awarded to deserving local high school graduates toward college expenses.

Alpha Kappa Alpha and her members have supported the NAACP and its programs by purchasing Life Memberships and contributions to local NAACP chapters. In fact, in 1939 Alpha Kappa Alpha became the first sorority to receive a full paid NAACP Life Membership.

To heighten awareness and appreciation of the arts, Iota Beta Omega introduced one of its own vocal artists to the Colorado Springs community. Internationally famed Peggy Shivers was presented in concert at the Fine Arts Center in Marcy, 1981, and she delighted the audience by her talented, operatic performance. Well-attended and a great success, the concert was a proud event for both the sorority and the community.



The present officers of Iota Beta Omega are: president, Whaletha Cullins; vice-president, Marcy Johnson; recording secretary, Inez Dixon; assistant recording secretary, Shirley Burton; corresponding secretary, Carolyn Harris; assistant corresponding secretary, Julia Jodge; treasurer, Peggy Shivers; assistant treasurer, Portia Vaughn; Ivy Leaf reporter, Vivian Cannon; official hostess, Martha Poole; sergeant-at-arms, Delia Busby; parliamentarian, Bettye Johnson; historian, Carolyn Meriwether; chaplain, Dianne Latham. The other members are: Ruby Andrews, Vivian Arnold, Ava Baker, Essie Bell, Wilma Bradshaw, Lay Vonne Caston, Ruby Crichton, Mildred Guy, Antoinette Hawkins, Minnie Ray Hunter, Ruth Jenkins, Alice Johnson, Gloria Johnson, Chaurice Lartigue, Olivia Lee, Lillian Mallory, Lynne Mallory, Johnnie Martin, Constance Patterson, Emma Lee Phoenix, Kathleen Smith, May Snowden, Camille Spencer, Barbara Truesdale, Garnetta Watson, and Dorothy Youngblood.

Meetings

Alpha Phi Alpha meets every 2nd Saturday of the month at 4 p.m.

Alpha Kappa Alpha meets every 2nd Saturday of the month, 12 noon.

Pikes Peak Consistory #81 meets every 2nd Wednesday of the month, 7:30 p.m.

Pikes Peak Lodge #5 meets every 1st and 3rd Tuesday of the month, 7:30 p.m.

Kadesia Temple #135 meets every 1st Friday of the month at 7:30 p.m.

Daughters of Isis #162 meets every 4th Tuesday of the month at 7:30 p.m.

Sigma Gamma Rho Sorority, Epsilon Iota Sigma Chapter, meets the second Saturday of every month.

Impact Colorado

By J. Samuel White

Impact Colorado is a unique opportunity which has arisen as a result of the choice of Colorado as the site of the 1982 Avanta Summer Process Community. occasion, on July 24 and 25, 1982, Impact Colorado will present a series of workshops on human communication and networking in several Colorado communities, including Colorado Springs.

> **CALENDAR OF EVENTS** FOR SECOND ANNUAL CHICANO CULTURE & SOCIETY WEEK

May 10-15, 1982 — Colorado College

May 10 thru 15th Open Daily 6-9 p.m. Gates Common Rm. Palmer Hall

Monday, May 10th 1:30 a.m.-3:00 p.m. **Cutier Quad**

Tuesday, May 11th 3:00 p.m. Gates Common Rm. Palmer Hall

Wednesday, May 12th 8:00 p.m. Gates Common Rm. Palmer Hall

Thursday, May 13th 11:00 a.m. Packard Hall

8:00 p.m. Gates Common Rm. Palmer Hall

Friday, May 14th 8:00 p.m. Gates Common Rm. Palmer Hall

Saturday, May 15th 8:00 p.m. **Armstrong Theatre**

10:15 p.m. PACC House **EXPRESIONES** An Art Exhibit featuring **Chicano Artists**

CHICANAS-

FIESTA-All Campus Fiesta & Mexican Picnic featuring The Coronado Dancers & The Slocum Performing Arts Community

CHICANAS IN THE FEMINIST MOVEMENT-Lecture and Discusion with Martha Cotera

WORKERS AND PRODUCTION-Panel on Chicano Labor History with Patricia Zavella, Victor Nelson -Cisneros & Doug Monroy

THE CHICANO MOVEMENT & CHICANO ART—Lecture & Discussion with Tomas Ybarra Frausto

AN ARTISTIC EXPRESSION OF THE CHICANO STRUGGLE-Lecture on Chicano Literature with Rolando Hinojosa & Tomas Rivera

CHICANOS & THE ELECTORAL SYSTEM-Lecture & Discussion with William Velasques, Thomas Cronin & Ricardo Castro

"HIJOS: ONCE A FAMILY"-Performance by El Teatro De La Esperanza, Santa Barbara, CA. Gen. Adm. \$2, Free with C.C. I.D. Tickets available at Rastall Desk.

RECEPTION & PARTY & ALL CAMPUS DANCE

The purpose of the workshop will be to teach basic communication skills based on congruence and high self-esteem to persons wishing to improve their effectiveness as communicators personally, in the family, in communities, and among various communities and

The workshop organizers will strive to attract families and individuals from as broad a range of age, economic, social, religious, and racial groups as possible, in order to insure that the networking process can be practiced within the workshop and expanded into the community.

Each workshop will be facilitated by a triad (three people) from the Avanta Network, a teaching organization organized around the work of Virginia Satir, the world famous family therapist.

Virginia Satir was educated at the University of Wisconsin and University of Chicago. She holds an honorary doctorate from the University of Wisconsin and was recently awarded the gold medal for outstanding and consistent service to mankind by the University of Chicago. She has been increasingly interested in bringing the rich and useful concepts from human psychology to the general public in direct and clear ways. Her books, films and videotapes are presented from that point of view. She is the author of Conjoint Family Therapy (1964), Peoplemaking (1972), Self Esteem (1974), Making Contact (1976), and Your Many Faces (1978). She also

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collaborated with John Grinder and Richard Bandler in a book called Changing With Families (1976). Dr Satir is also the president of the Association of Humanistic Psychology elected on a platform of networking.

She is convinced that "everyone is capable of learning new ways of feeling and thinking, and of using himself. There are no untreatable people. It is only a matter of calling upon our creative imagination about how to bring out...a curiosity and willingness to change and to explore". It is paramount as people helpers to "find out what it was people learned about how to be people, how they are using those learnings today, and which of the learnings make it possible for them to grow and which make it impossible for them to grow. Essentially what we have to do is discover the learnings people have and help them discard those which at their present time of life are

Avanta Network is an international group of individuals from a variety of professions, whose purpose is to provide a process model for nurturance, growth and evolution to persons and systems throughout the world. The purpose of Avanta is to assist others to evolve toward unique wholeness and to take responsibility for developing new learning for coping with stressful situations. focuses on a wholistic human growth model which integrates mind, body, and spirit in the exploration of self, others, and the context in which we live.

continued on page 8

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Winn Attacks Administration

DENVER, CO. Phil Winn, gubernatorial candidate for the State of Colorado, stated at one of his regularly scheduled Presse Conferences (May 10, 1982), "one of the main reasons! entered the race for governor was because! was convinced that the current administration was guilty of consistent mismanagement of state programs, incompetent hudgeting and poor overall administration. Today I would like to offer two specific examples which further illustrate this contention. Dick Lamm continues to abuse his authority by the transfer of funds from one department to another. As you know, this governor has ordered a transfer of \$1.6 million from various state agencies to fund, what he calls, "Shortfalls."

I am pleased that the legislature is taking such strong exception to these actions, and I agree with the Joint Budget Committee staff that the transfer was not

necessary.

The most disturbing aspect of this whole episode is the \$300,000 taken from other agencies to continue the high level of funding for the governor's own office. He is clearly abusing his

Praises legislature for strong action.

authority and is totally ignoring the strict budget guidelines established by the Legislature for expenditures for the governor's staff. If you recall, the legislature imposes a 4% spending increase for the governor's office. But Dick Lamm, with this latest and most improper transfer, has brought the spending level beyond that percentage ceiling. Is he obviously keeping staff in his office to the highest limit in preparation for this election year? I am hopeful that there will be a full and widely publicized hearing on the legislature's suit against the governor on these transfers and it happens soon, and it is not delayed until after the election.

The preservation of 500 state jobs is no excuse for his actions. He is holding the lives and futures of those people hostage to draw attention away from his budgetary mismanagement. I believe the legislature acted most judiciously in its budgeting process this year. By our constitution, the legislature is the only body empowered to set spending limits. If the money runs out during a year, then layoffs, unfortunate as they are, should have take place. It is not up to the governor to arbitrarily shift money around to meet other spending obligations. He must be held in account for this executive order. If elected, I would propose legislation banning the transfer of funds among departments without prior legislative consent.

TURNING TO THE PROBLEMS OF THE AGED

Turning to the problems of the aged, I have two concrete proposals in mind. First, if elected in November, I will propose legislation which will change the recently enacted state lottery bill to set aside a minimum of 20 percent of the next proceeds from the lottery for direct aid to the elderly. Latest estimates put annual lottery revenue at t\$50 million. Twenty percent of that figure is \$10 million. Three possible ways to most effectively spend those revenues would be in utility payments, elderly housing construction, rent supplement payments and transportation costs for Colorado's aging population. A case in point. Approximately 57,000 low income elderly households (Those making less than \$5,000 a year) benefited from the heat expense tax credit on their income tax return. It is frightening to think that over 100,000 of the 185,000 returns filed in 1980 that took an "old age" exemption did so on incomes under \$5,000. What this show dramatically is that far too many of our senior citizens are in dire financial straits. The average credit on taxes for thes elderly citizens was \$103. That is only \$8.58 a month, on the average. Utility bills have risen approximately 40 % over the past 3 years, and will likely continue to soar. Eight dollars and fifty-eight cents a month is not enough to measure significant benefit, and this lottery proceeds' use proposal is one way to supplement aid where it can do the most good. I am sure the need is much greater than reflected in the number of households taking advantage of the credits. Lottery money will substantially augment the benefits to a vastly expanded group without increasing taxpayer burdens a

New housing for the aged is another area worth consideration. My proposal would be to use a portion of the lottery funds -- to encourage elderly housing construction. This concept could stimulate construction of at least 50 new apartment units for the elderly by forming a partnership between federal, state, county and local

KlanWatch

A new major educational resource on the Ku Klux Klan. and the larger problem of continuing racism and bigotry has been released by the Alabama based KLANWATCH

More than 50,000 copies of the illustrated special report, The Ku Klux Klan: A History of Racism and Violence,' will be distributed to teachers and students throughout the U.S., especially in the 20 states where the klan has been most active in the past few years.

The KKK is not hiding under every bush, but it is a fact that the membership and activity of the Klan is greater today than at any time since the mid-60's," said Randall Williams, director of the KLANWATCH project.

"For many people, especially for youngsters who don't have the perspective to remember the Klan's past, the intense media coverage given to the Klan today can be very confusing. Its leaders talk about a new, non-violent Klan, but meanwhile, hundreds of violent attacks and incidents of harassment are being committed by racists

While not all of these attacks can be directly traced to

MAN BITES DOG

governments as well as the private sector. Again, there would be no additional taxpayer outlays. Thirdly, a portion of the lottery revenues could go to supplement

Rental assistance payments for the needy elderly since we are going to experience a drastic cut in federal payments in the years

"Too many of our senior citizens are in dire financial straits."

But to effectively direct those dollars to serve our deserving senior citizens, we must first look at a complete overhaul of our state system of aid and services to the elderly. More than 11 percent of Colorado's population is over 60 years old and half of those over 65 appear to be making under \$5.000 a year. During the next 20 years, this segment of the population is expected to grow far faster than the general population increase, which itself will increase approximately 50 percent.

The Denver Metropolitan area has approximately 2,000 service agencies that afford various programs for older persons according to the aging services divisidon of DRCOG. Funding comes from a series of private, federal and state programs. The natural outcome of this is that the average older person in Colorado has a difficult, if not impossible, task of interacting with the laws and agencies designed to help him or her. Income aid may come in straight dollar form, may come as food stamps or meal programs: May come in utility bill help or may come in state tax relief. But there is no central clearinghouse that has up-to-date information on exactly the programs that may be of assistance. In fact, the services for the aging division of the department of social services refers people to the Denver Regional Council of Governments for centralized information. The state bureaucracy doesn't

even know its own programs well enough to provide guidance. My staff has been "The State" trying for weeks, and they have found it very difficult bureaucracy to track benefit programs through this maze and de- own programs termine who, under the various criteria, would be qualified, and the breadth of programs available.

doesn't know its well enough."

A first priority in any program to help senior citizens of Colorado must begin with information. We must make part of the existing state government a clearinghouse for those who want assistance. Today, there are 12 state departments with various programs to aid. Insurance matters for the elderly belong to the Department of Regulatory Agencies. The Department of Institutions runs the State Nursing and Veterans Homes. The Department of Social Services runs the Food Stamp Program. The

the Klan or similar organized groups, William alleges it is the Klan which has caused educators to call for teaching materials they could use in classroom discussions on racism and prejudice. Resultingly, both of the major teacher's unions, the

National Education Association and the American Federation of Teachers, have taken a stand against the Klan. The NEA's Connecticut state affiliate, along with the Council on Interracial Books for Children, produced a curriculum unit on the Klan last year and one in the works.

Both curriculum guides contain lesson plans tor teachers to use in their classes. Williams stated the KLAN-WATCH special report was written for students and can be used in conjunction with either of the curriculum

'One of the things most reviewers have noted about the report is how successfully it avoids emotionalism and sticks to the facts. This is especially important in dealing with such a controversial subject as the Ku Klux Klan."

The KLANWATCH reports examines the Reconstruction setting in which the KKK was born; its many victims over the years; the resurgent periods of the Klan in the 1920s, the 1960s, and the present; the Klan's false claim of being a Christian and patriotic organization; and the roles of the media and law enforcement agencies.

Essays are also included which explore the mob hysteria that can lead to Klan control of a community, and the concept of Klan members as victims of their own hatred and extermination. A bibliography lists other books, films, and magazine and newspaper articles.

KLANWATCH is a project of the Southern Poverty Law Center, a non-profit public interest law firm which does legal and educational work on behalf of poor people and minorities. In addition to preparing educational resources, the KLANWATCH project brings lawsuits on behalf of victims of Klan violence or harrassment.

For more information, write KLANWATCH, P.O. Box 548, Montgomery, Alabama, 36101.

Department of Local Affairs, Division of Housing, works with Housing for the elderly. The Department of Revenue handles tax relief. And on it goes. Certainly not all of these can be combined, but those that can should be centralized.

Therefore, one of my first acts as governor will be to establish a Council on the Aging as a branch of the governor's office as central clearinghouse for senior citizen services. In addition, one of the first assignments

of this council will be publication of a simple "Older Coloradoans Handbook'' for easy, yet complete service agency and program assistance. This council creation will be accomplished by consolidating staff and

"One of my first acts...to establish a Council on the Aging."

program budgets where possible not by increasing them. There will be no additional administrative cost: Rather by a consolidation, we will be delivering more funds to more needy recipients through more efficient management with no additional costs to the taxpayers.

There is a final initiative that would significantly help the elderly that the Lamm Administration has ignored. This year many groups attemped to encourage the governor to place on the call an item which would allow the legislature to consider outlawing age discrimination in Colorado. He chose not to do so. Despite the fact that the Federal Government has anti-discrimination legislation on the books, the State of Colorado ought to be taking a lead role in preserving jobs for older Coloradoans. We need to have on the books a law which prevents employers from firing people which are still productive workers just because they happen to be over a certain age. Given economic circumstances, our elderly need to know that they can get a job, or retain the one they have.

Under my proposals, a partnership would be formed between the federal government, state government, county government, municipal gove nment and private builders which would economically allow the construction of housing for our elderly! We want to use the lottery as a catalyst to get things done. By this kind of partnership we

can get things done.

Everything that we do to aid the elderly should be viewed not as a handout. Coloradoans who are older than we are have lived productive lives. They have measureably enriched our state. They are still capable of adding to the diversity and vitality of our communities. They deserve the help we can give that will make them independent, full members of our society. I oppose handouts, but I will do everything a governor can to see that retirement years are years of productive, healthful, helpful independence.

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Black English Seminar By Dorothy Middleton

COLORADO SPRINGS - In a seminar held this past Saturday at the Accessory Gallery on "Language in the Black Community," Drs. Dorothy Clark and Curtis W. Branch explored the political nature of language and how popular attitudes have had a detrimental effect on the self-esteem of Black youths.

"Consider for a moment," said Dr. Clark, "that those people who control the educational system might not want our kids to learn as well as theirs and have the ability to compate with the side. and have the ability to compete with their kids?'

Going on to describe her own first experience in teaching, she told how she approached her new class "soaked in all the sociological and educational attitudes "that had been taught to her in college about low-income Blacks.

Somehow she had forgotten that she had been raised in that very same neighborhood, had gone to that very same high school where she was then teaching, that she had been and still was one of them. She had become in those four years of college the stereotypical "English Teacher" who went around correcting "bad" grammar and spouting middle English. It wasn't long, however, before she was rudely awakened to the fact that those same students whom she should have known so well, but didn't, were confused and bored.

As a consequence of that discovery and of her own subsequent rediscovery of her listening skills, she developed a philosophy about teaching which she organized into three philosophical considerations:

- that public education is a right of every American;
- that all students can learn and all students want to learn:
- that the teacher-student relationship is not a oneway process, i.e., children are not empty vessels into which adult wisdom must be poured:
- that the student brings a wealth of information to the class and that that information is as valuable as that of the teacher; and
- students should not be one of replacement but one of augmentation.

system's placement of a negative connotation on another way. Under this influence, he went on to say, Black English as a low-class language, a language of Blacks have come to be ashamed or embarrassed the poor, has robbed Black children of their self- by parents or grandparents who mispronounce words esteem. Rejected unconsciously by others, based on or use double negatives. how they speak, they have learned to be ashamed of a language, "Black English," which is uniquely more that today's Black youths' persistent resistance to their own and much more akin to the African experi- give up Black English is a sign of their resistance to ence than "Standard English."

She emphasized the need for Black teachers to learn to give their Black students the same "love and attention that White teachers seem to automatically the nuances of the English language and its differgive to White students." To do this, they must begin to teach them how to use their own language at home and with friends and how to "decode" it when necessary so that they know how and where to use Standard English.

Her own guidelines for using Black English as a ceptable' in which setting. tool for learning are to develop tapes of how students speak. Then, by using those tapes verbatim and resisting the impulse to change any of the words or their usages, you are able to validate the language they bring with them into the classroom as an "acceptone. As a result, their ability to communicate in their own language is translated into an ability to communicate in Standard English.

In the second half on the seminar, Dr. Branch spoke on the humanistic perspective of Black English and how, historically, linguist and psychologist have perpetuated racist attitudes that have assumed Black people are not capable of being "articulate." Under

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For May 13 thru 19, 1982

by Astraea Pallas

ARIES Found money for travel and/or study brings contentment but gaurd reputation as impulsive, intimate desires seem to affect public opinion. Sunday excitement surrounds discovered secret knowledge.

TAURUSClues of personal value and worth are found on the job. Partners/lovers bestow exciting benefits/gifts. Work restrictions (Tuesday) restrict secret pleasures (Thursday)

GEMINI Group gatherings, busy schedule highlight Monday. Restrictions created by children/lovers/creative endeavors, puts monkey wrench in ambitious undertakings.

CANCER Emotional passions are handled well; reputation holds up under scrutiny until Tuesday when domestic events cause problems.

LEO Home is the place to experience exciting emotional pleasures (Sunday). Message concerning expansion looks good Monday but needs careful observation, attention.

VIRGO Pleasant exciting event brings opportunity for advancement. Publicize accomplishments, gains. Freeze on liquid assets favors long term dividends.

LIBRA Communication concerning financial gains creates excitement. Greetings from afar give 'go-ahead' then personal duty intervenes.

SCORPIO Emotional experience creates 'fast buck' situation. Inner motives create gains at work then hidden problems surface.

SAGITTARIUS Compassion is yours if you remain alert at home. Sunday's domestic bliss is exciting, pleasurable. Love message received interferes with plans.

CAPRICORNPossessions, ownership highlights affairs until Sunday when sudden disclosure bestows the ultimate

their definition to be "articulate" is to have the that the philosophy of language toward Black ability to master the English language in the same way that Whites do. He said that they have done this by making the assumption that because Black people Dr. Clark further talked about how the educational say something in one way, they can not say it in

> On the positive side, however, he pointed out give up a part of themselves which they identify as being uniquely their own.

> He concluded by saying that if we really examine ences by region and by culture, we will discover that there really is no "Standard English."

> 'Maybe what we should be about, is teaching people that no way of saying something is better than another; but rather that they must learn which is 'ac-



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pleasure. Home fires are attractive now but challanged by

AQUARIUS Personal demands, desires create independent move that highlights your status (Sunday). Creative effort warms your soul but seems to require the ultimate discipline for accomplishment.

PISCES Obsession over career change opens new doors. Ideas to improve financial picture begin at home, require serious application despite obstacles.

Confidential to those souls born on or near the 20th thru 27th of any month: Early Sunday afternoon brings a perfect attunement with independence and blissful happiness. Advice: Find a field of daisies and frolic to your heart's content. Well-known personalities sharing Sunday's vibes with you: Joe Dimaggio (b. Nov. 25), Mahalia Jackson (b. Oct. 26), Mick Jagger (b. July 26).

Steadfast resolutions are needed to maintain and promote your physical well being now and thru Dec. 8, 1982. Work is also likely to have great changes during this period as Pluto, planet of transformation and annihilation brings great power into these areas. Heavy restrictions in these areas become apparent from Sept. 29 to Nov. 17, 1982.

Psychic senses are being firmly, tuned now and thru Feb. 114, 1983. Perceptions of spiritual truths gradually change their personal reality now.

Extravagance, indulgence and over optimism could create future problems or special benefits for clear-headed spirits between Nov. 22 to Dec. 19, 1982. Study past events in your life (Dec. 1970 - Jan. 1971 period) for clues in how to successfully handle present conditions.

Special mellow days when the world is your oyster and forgiveness divine: June - 24, 1982; Sept. 26 - 30, 1982; Nov. 13 - 17, 1982; Dec. 31, 1982 to Jan. 4, 1983; April 7 -12, 1983.

Well known personalities sharing your year of vibrations: Stevie Wonder (b. May 13), Henry Fonda (b. May 16), Liberace (b. May 16), Frank Capra (b. May 18).

Impact Colorado From page 6

The 1982 Avanta meeting will bring the vanguard of Satir's family process movement to Colorado from all parts of the world. Impact Colorado would like to provide an opportunity for Colorado communities to participate in this innovative work, by establishing low cost workshops in as many communities as possible. The purpose of these workshops would be to practice the networking process within families, and communities, and among

Any individuals, groups, or families who wish to participate in order to improve communication in their families and communities are invited. Young people and senior citizens are particularly welcome.

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By Elvis

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